Healing for Heart Wounds
A Small Group Series for Bible-based Trauma Healing

What is Healing for Heart Wounds (HHW)?

HHW is a compassionate response from the global church to people in their communities who have been traumatized and desire healing and restoration through Jesus Christ. It takes time and a safe space to put broken pieces of a heart back together. Our God heals. HHW provides a safe space to help make wounded hearts whole.

Healing Small Group Series

Good Shepherd Church is hosting a small group series designed to help bring healing to wounds of the heart brought on by trauma or loss. Each HHW small group will be led by facilitators who have been trained in Bible-based trauma healing. These small groups apply the 5 Core Lessons of trauma healing over the course of a 10-hour series. Together, we’ll make a safe space for group participants to:

- Discover what the Bible says about suffering
- Learn about trauma and its effects
- Explore any trauma or loss that you might carry
- Release some of the emotional pain that you might have
- Help you to reconnect and become ready to move forward in life
- Build resilience in the present and in the future

About the Group Model

These healing groups use the proven and time-tested model of the Trauma Healing Institute at American Bible Society. Using applied Scripture and best mental health principles, we can help you address spiritual and emotional wounds caused by various types of trauma. We steward the “Healing the Wounds of Trauma: How the Church Can Help” book which is used by more than 8,000 facilitators, in 94 countries with more than 190 language groups in Africa, Asia, the Pacific and the Americas, impacting over 1,300,000 lives. The program offers narrative, experiential and participatory lessons to bring healing.

To learn more about the program model, the Trauma Healing Institute, and the work being done to equip and support a global community of workers in trauma care, please watch the Trauma Healing video or visit thi.americanbible.org.

“He heals the brokenhearted and binds up their wounds.” Psalm 147:3 (NIV)