



Talk About It

Bottom Line

The quickest way to break your heart is to give it everything it wants and nothing it needs.

Scripture

Ecclesiastes 2:1-26

Conversation Questions

1. Do you have a favorite “heartbreak” song, show, or movie? What is it? What attracted you to it and how do you feel about it now?
2. Recall a time when your heart was broken. What were the circumstances and how did you adapt?
3. Over the two weeks of the series, we’ve seen that God inspires a man enduring what we’d call clinical depression to write Ecclesiastes. What does that tell you about the nature of God? What does it tell you about the nature of the bible? What does it tell you about YOU?
4. When have you thought more stuff, more trips, or more relationship would make you content? What was the result of that quest?
5. Are you at Ecclesiastes 2:17 now? Have you ever been? How might the inclusion of these words help a struggling person feel the bible is relevant?
6. Talk about the distinction between happiness and contentment. Check Philippians 4:8-13 for more insight.
7. Who will you invite to Week 3 of Some People Get All The Breaks?

Icebreaker

What is your favorite dad joke? (i.e. “When does a joke become a dad joke?...when it becomes apparent”)

Activity

Watch the second Bible Project video on Ecclesiastes. Search for “bible project the book of ecclesiastes” on YouTube to find it.